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Periodontics & Implants

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POST-OP INSTRUCTIONS

For Periodontal Surgery

Some discomfort following *Periodontal Surgery* is normal. Taking 600 mg. ibuprofen (i.e. Advil) or 1000 mg. Tylenol as soon as possible following the procedure, and every 4 hours thereafter, can minimize any response. If there is still discomfort while taking any of these medications, take the prescription medication that you have been given as directed.

Periodontal packing may have been placed to help keep you comfortable for the first few days. Ideally, this should remain in place for a full week, but if a portion of the packing comes off there is no cause for alarm. Packing is only placed for your comfort and is not necessary for healing. Some areas may not be packed intentionally.

If any excessive bleeding is noticed, put gentle pressure over the area by biting down on gauze for 10 full minutes. **Do not rinse if there is any bleeding.**

Some swelling may be noticed during the first 24 hours, this is normal. To minimize swelling, ice may be placed intermittently on the face. After the first 24 hours, warm salt-water rinses may be helpful.

Initially, avoid brushing the involved area. After a few days, brush the biting surface only. Please **do not** floss or use a proxy-a-brush in the involved areas until the sutures are removed. Rinsing with Listerine may help.

Above **all let comfort be your guide.** You will be seen in approximately 10 days. If you have any pressing questions or concerns, please call the office.

After hours Emergency Number is **203-305-4737**