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Periodontics & Implants

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POST-OP INSTRUCTIONS

For Tooth Extraction

Some discomfort following *Tooth Removal* is normal. Taking 600 mg. ibuprofen (i.e. Advil) or 1000 mg. Tylenol as soon as possible following the procedure, and every 4 hours thereafter, can minimize any response. If there is still discomfort while taking any of these medications, take the prescription medication that you have been given as directed.

Eat and Drink normally, but ***do not*** rinse for 24 hours.

If any bleeding is noticed, put gentle pressure over the area by biting down on gauze for 10 full minutes. **Do not rinse if there is any bleeding.**

Some swelling may be noticed during the first 24 hours, this is normal. To minimize swelling, ice may be placed intermittently on the face. After the first 24 hours, warm salt-water rinses may be helpful.

Initially, avoid brushing the involved area. After a few days, brush and floss normally. Rinse with Peridex (Chlorhexidine) twice daily.

Above **all let comfort be your guide.** You will be seen in approximately 7 to 10 days. If you have any pressing questions or concerns, please call the office.

After hours Emergency Number is **203-305-4737**